

was no longer a problem in China, Mr. Yuan still spent all his time out in the experimental fields so that people could live a better life.”可知,三位伟人面对困难都永不放弃,并且深深地热爱我们的祖国。

7. Yes, I agree. We should always keep trying and never give up in the face of difficulties. As long as we treat them as challenges in life, we can finally overcome them and improve ourselves. /... 开放性试题,言之有理且无语法错误即可。

考向3 跨学科综合

副考向

【语篇导读】本文是一篇说明文。文章介绍了人们可以从自然界的动物和植物身上学到很多,并且发明有用的物品的信息。

- 1. animals and plants in nature** 根据第一段中的“*We humans learn a lot from animals and plants in nature.*”可知答案。
- 2. their arms and legs** 根据第二段中的“*When they jump, they spread out their arms and legs to help them fly down easily.*”可知答案。
- 3. It will change into a ball.** 根据第三段中的“*When an armadillo feels that it is in danger, it will change into a ball.*”可知答案。
- 4. Velcro is used on everything from handbags to clothes.** 根据第四段中的“*Velcro is used on everything from handbags to clothes.*”可知答案。
- 5. ①They have special structures. ②They help people to create helpful products.** 根据“*Some animals such as this sugar glider have wing-*

like structures to help them fly from tree to tree.”
“*Some animals have structures used for self-protection.*”及“*... burrs of a plant. They have special structures to allow themselves to stick to people's clothing or hair.*”可知,它们有特殊的结构;根据“*The idea of these clothes comes from the sugar glider.*”“*The armadillo has taught people to create a backpack with a hard surface.*”和“*Plants have helped people come up with amazing inventions, too... burrs of a plant.*”可知,它们帮助人们创造有用的产品。

考向4 创新性试题

副考向

【语篇导读】本文介绍了非洲联盟的绿色长城计划,同时介绍了这一计划在北京一所学校的实际应用。

- 1. A** 细节理解题。根据第一段中的“*The project was started in 2007 by the African Union.*”可知绿色长城计划是在2007年开始的。
- 2. D** 细节理解题。根据第三段中的“*The project is a success.*”可知作者认为计划很成功。
- 3. A** 推理判断题。根据第二段中的“*In the project, students make plans. A piece of wall is given to each class. Then students choose right plants to grow on the wall. They take turns to take care of the plants. They also record the growth of the plants.*”可知学生们会制订计划,选定植物,轮流照顾植物,并记录植物的成长。
- 4. B** 推理判断题。根据文章最后一段和表格最后一行的内容可知,此处是在介绍这次活动取得的成就。故选B。

狂K重点

人教版七年级(上) Units 1—4(含 Starter)

重难点知识突破

1. laughing 2. (to) have 3. yourself 4. helpful
5. helpless 6. With 7. for 8. with 9. to take
10. him 11. are asked/are being asked
12. for/about
13. 她问老板可不可以让她请一天假。
14. watching 15. come 16. keeping
17. 暑假期间做些兼职工作或志愿工作怎么样?
18. You'd better not watch TV every day.
19. better 20. best 21. fine 22. nice/good
23. well 24. good 25. inviting 26. to
27. Because of
28. Thank you/Thanks for your advice/suggestion(s)

and encouragement.

核心考点综合练

1. her 2. go 3. teacher 4. oranges 5. helping
6. to do 7. photos 8. watching 9. untidy
10. thankful 11. in 12. for 13. are 14. Where
15. Mine 16. reading 17. to learn 18. named
19. on 20. nine 21. shown 22. director
23. Although/Though 24. these 25. to

人教版七年级(上) Units 5—9

重难点知识突破

1. / 2. the; / 3. with 4. a
5. 我们一定不能玩火。这太危险了。
6. Why not play a part/role in their discussion?
7. sounded 8. looks/feels 9. taste 10. feels 11. smell

中考必刷题 英语

12. feel 13. to do 14. needs 15. for 16. of
17. 我们不需要出去吃东西。我们可以在网上点食物。
18. 你自己能做的事情,没必要依赖他人。
19. The/These flowers need watering/to be watered.
20. warning 21. with 22. 早上她忙得团团转。
23. boring 24. surprised 25. exciting
26. What a moving story it is!
27. reading 28. watch/see 29. see 30. Look
31. around 32. after 33. up 34. for 35. through
36. bring 37. carry 38. Take 39. got 40. up
41. down 42. off

核心考点综合练

1. useful 2. tomatoes 3. difficult 4. really 5. sold
6. interested 7. twelfth 8. women 9. healthy
10. finishes 11. on 12. old 13. What 14. /; the
15. from 16. about 17. useful 18. has 19. a
20. wearing/to wear 21. my 22. but 23. games
24. relaxing 25. Who

人教版七年级(下) Units 1—4

重难点知识突破

1. ride 2. on 3. 乘高铁可以节省许多时间。
4. She wants to take a/the bus to the park. /She wants to go to the park by bus/on a/the bus.
5. playing 6. to have 7. stops 8. to talk 9. going
10. of 11. 不要害怕自己做一些研究。
12. I'm afraid we will be late. 13. to tell 14. turning
15. I remember (that) he has helped me.
16. closed 17. learning
18. 除非你有健康的饮食,否则很难保持健康。
19. They keep/kept reading the whole afternoon/all the afternoon.
20. to be 21. of; for 22. of
23. It is careless of him to make such a mistake.
24. for 25. with 26. at
27. Li Ming is good with his classmates.
28. to believe 29. speak 30. say 31. tell
32. talk/speak 33. Don't talk about such things.
34. either 35. also 36. as well/too 37. as well/too
38. 他们演奏乐器,也唱歌。
39. Either you or I will go there tomorrow.
40. between 41. between 42. among 43. among
44. in 45. arrived 46. reached 47. get

48. dresses 49. wearing/to wear 50. put on

核心考点综合练

1. between 2. weekend 3. early 4. never
5. leaves 6. Keep 7. villagers 8. importance
9. tastes 10. minutes' 11. or 12. at; with 13. and
14. long 15. up 16. have 17. quickly
18. hamburgers 19. an 20. or 21. teeth 22. gets
23. for 24. but 25. her

人教版七年级(下) Units 5—8

重难点知识突破

1. to change 2. telling
3. 问题是我们把它们写下来,但是很快就忘记了它们。
4. She always forgets (that) I'm not a child any more.
5. herself 6. working 7. enjoyable
8. People have fun/a good/great time reading in the forest.
9. How 10. like 11. windy
12. When it's hot in China, it's cold in Australia.
13. How 14. with
15. ——你的汉语怎么样了? ——还不错。
16. My study is going well. 17. through 18. across
19. over 20. past
21. 当我走在田野中的时候,我看到一架飞机飞过我的头顶。
22. He hurried past me without saying a word.
23. of 24. in 25. into 26. by 27. from
28. in the front of 29. in front of
30. 花太多时间在电视机前对我们的眼睛有害。
31. buying 32. took 33. cost 34. for 35. on
36. 如果某个东西要花费太多钱,你最好在买它之前慎重考虑。

核心考点综合练

1. miss 2. friendly 3. another 4. pay
5. southern/south 6. easily 7. children 8. visitor(s)
9. windy 10. made 11. in 12. is 13. for 14. on
15. along/down
16. He's on/He takes/has a vacation/holiday this week.
17. I don't like/love this story because it's kind of/a little (bit)/a bit boring.
18. 我正在乡下看望我的爷爷奶奶,过得非常开心。
19. 大象能够长时间行走而且从不迷路。

20. 我昨天花了大约三个小时做家庭作业。
21. off 22. Unluckily 23. surprise 24. showed
25. kindness

人教版七年级(下) Units 9—12

重难点知识突破

1. to stay 2. to 3. that
4. 为了使世界成为一个更干净的地方,我们必须减少各种污染。
5. She ordered a hamburger and a glass of milk for breakfast.
6. 那些种类的书卖得很好,因为它们很受青少年欢迎。
7. Football/Soccer is a popular sport.
8. her 9. surprising 10. at/by 11. in 12. going
13. on 14. away 15. up 16. down 17. off
18. like 19. 我不介意我的朋友们长什么样。
20. She is like her father. 21. faster
22. a little 23. few 24. little 25. a few
26. 一个人在读书时应该遵从自己的内心,否则他所读的只是任务,对他几乎没有好处。
27. 玻璃杯里有一点儿水,不是吗? 28. quite a few
29. having 30. to spend
31. 她想在家乡待得更久一点,但是她不得不赶飞机回去工作。
32. What would you like to drink?
33. has 34. a number of 35. The number of
36. 很多人将要出国学习。

核心考点综合练

1. sheep 2. differences 3. natural 4. heavily
5. personal 6. an 7. up 8. At 9. if 10. up
11. How was your school trip last week?
12. What does Tom look like?/What is Tom like?
13. 这个游戏如此有意思,以至于我不想停止玩它。
14. 当我从窗户往外看时,我看见一些女孩正在操场上跳舞。
15. 跑很容易,但是当第一名却不那么容易。
16. the 17. not/never 18. punished 19. has come
20. on 21. doing 22. second 23. places
24. paintings 25. it

人教版八年级(上) Units 1—2

重难点知识突破

1. to have 2. magical 3. that 4. like 5. to go
6. to choose 7. decisions 8. that 9. to help

10. taking 11. to solve 12. on 13. preparation(s)
14. so; that; too; to 15. 太阳很亮,能发出很强的光。
16. 我们想要喜欢宠物并且必须有足够的养宠物的经验的人。
17. to have 18. whether/if
19. 我想知道过去这里的生活是什么样子的。
20. because of 21. because
22. 因为病得很重,我待在家里无事可做。

核心考点综合练

1. activities 2. enjoyable 3. differences 4. buildings
5. to read 6. trader 7. dislikes/doesn't like/does not like
8. wonderful 9. bored 10. wetter 11. at 12. of
13. as 14. than 15. of 16. younger 17. began
18. too 19. helpful 20. her 21. harder 22. with
23. Although/Though 24. differences 25. telling

人教版八年级(上) Units 3—4

重难点知识突破

1. care 2. carefully 3. carelessly 4. careful
5. caring 6. of 7. for/about 8. of 9. and
10. 在过马路之前,我们必须停下来看(道路的)两边。
11. canceling/cancelling 12. playing
13. to attend 14. my 15. his
16. 我们会永远记住她,因为正是这位了不起的女性教会我们,活到老,学到老。
17. changing 18. joining
19. 到目前为止你觉得这场演出怎么样?
20. Winning 21. won 22. beat 23. beaten 24. a
25. information 26. message 27. news 28. idea
29. 米莉正在使用搜索引擎找到关于如何照顾宠物的信息。
30. ——我能给史密斯先生留言吗?
——当然,请便。我稍后会把留言给他。
31. to drive 32. with 33. to 34. to
35. for 36. in 37. off/out 38. out 39. up

核心考点综合练

1. more/less serious 2. better 3. worse 4. to care
5. clearly 6. meals 7. winner 8. chose 9. reporter
10. magicians 11. loudly/loud 12. seriously
13. better 14. talented 15. examples 16. from/to/than
17. in 18. to 19. of 20. for 21. as
22. more outgoing 23. carefully 24. reaching
25. photos 26. When 27. broke 28. took
29. for/about 30. saying

人教版八年级(上) Units 5—6

重难点知识突破

1. to buy 2. us 3. a 4. that 5. for 6. find out

7. look for 8. found
9. 你能查清楚会议什么时候开始吗?
10. have taken place 11. will happen
12. to meet 13. take place 14. to

核心考点综合练

1. plans 2. to see 3. discussion 4. more famous
5. educational 6. closing 7. to take 8. mainly
9. meaning 10. unlucky 11. a 12. as 13. up
14. up 15. at 16. players 17. them 18. first
19. successfully 20. up 21. practicing 22. a
23. won 24. beginning 25. to change

人教版八年级(上) Units 7—8

重难点知识点突破

1. to talk 2. agreement 3. with 4. on
5. 他在多数事情上都与父母意见不一致。
6. unbelievable 7. disbelief 8. unbelievable
9. in 10. or
11. 然而,一些科学家相信尽管我们能使机器人像人一样移动,但是使它们真的像人类一样思考将是困难的。
12. to answer 13. in 14. down 15. off 16. up
17. on 18. to enjoy 19. to take 20. for
21. be filled 22. filled 23. with 24. of

核心考点综合练

1. pollution 2. less 3. fewer 4. helping 5. dangerous
6. service 7. sandwiches 8. interested 9. England
10. travelers/travellers 11. in 12. of 13. on
14. with 15. with 16. strawberries 17. of
18. to make 19. into 20. for 21. on 22. off
23. mix 24. Pour 25. to enjoy

人教版八年级(上) Units 9—10

重难点知识点突破

1. to leave 2. preparations 3. for
4. 虽然她对自己很有信心,但她还是以全职运动员的身份为冬奥会准备了一段时间。
5. invitation 6. am invited 7. to go
8. to 9. for/to 10. seeing 11. to
12. 我们都向往科学家能发现宇宙更多奥秘的那一天。
13. to wear 14. taken 15. advice 16. pieces
17. on/about 18. accepted 19. received
20. 尽管她收到了他的道歉,但她已经决定不接受了。
21. singing 22. from 23. about/of
24. 我盼望着收到你的来信。

25. When he heard of/about his father's terrible accident, he was so sad that he couldn't help crying.

核心考点综合练

1. heard 2. having 3. invitation 4. to attend
5. opening 6. careless 7. himself 8. advice
9. understanding 10. experiences 11. feel
12. chocolate(s) 13. meeting 14. careful
15. traveled/travelled 16. to put 17. out
18. without 19. facing 20. advised 21. acceptable
22. providing 23. trying 24. If 25. greatly

人教版八年级(下) Units 1—2

重难点知识点突破

1. meaning 2. working 3. meaningless 4. to hurt
5. meaningful 6. that 7. traveling/travelling
8. to be 9. imagination(s) 10. what 11. the
12. with 13. to 14. the 15. up/wrong 16. death
17. died 18. dying 19. dead 20. a 21. to
22. lying 23. laid 24. lying 25. communicating
26. to end 27. to control 28. boiling 29. lonely
30. alone 31. lonely 32. alone 33. by himself
34. 她独自生活,常感到寂寞。
35. rise 36. raises/raised 37. raise 38. risen; raise
39. 鲁迅是一位能够使我们振奋的伟大作家。
40. Because the oil price rises, many people have stopped driving to work.

核心考点综合练

1. feet 2. lying 3. rest 4. cough 5. headache
6. feelings 7. kindness 8. training 9. broken
10. interested 11. with 12. To 13. a 14. with
15. up 16. to work 17. lying 18. hurt
19. imagine 20. that 21. minutes 22. immediately
23. amazed 24. But 25. kindness

人教版八年级(下) Units 3—4

重难点知识点突破

1. is 2. am 3. does 4. nor 5. neither
6. to smoke; to smoke 7. allowed 8. isn't allowed
9. come 10. take 11. not 12. to 13. borrowed
14. lend 15. to return 16. keep 17. chatting
18. instead of 19. instead 20. with/to 21. to
22. 和地下室相比,这个房间又明亮又高。

核心考点综合练

1. proper 2. development 3. quickly 4. fairness
5. independent 6. thinner 7. unfair 8. to make
9. arguing 10. working 11. In 12. of 13. with

14. through 15. until/till 16. on/upon 17. to learn
18. independence 19. These 20. communicating
21. fairness 22. in 23. keeping 24. grow
25. stronger

人教版八年级(下) Units 5—6

重难点知识突破

1. to turn 2. of 3. that 4. to keep 5. don't fit
6. 这个装置足够小,可以装进口袋里。
7. married 8. her 9. to 10. to 11. get married to
12. 王子足够大了,可以结婚了。
13. The couple have been married for 20 years, and
they love each other very much.
14. sleepy 15. asleep 16. sleep
17. sleeping/asleep 18. sleepy 19. noise(s)
20. Sound 21. voice 22. voice 23. sounds
24. noise 25. voice

核心考点综合练

1. suddenly 2. asleep 3. truth 4. not to pick
5. throwing 6. to help 7. working
8. more hard-working 9. finishes 10. will lose
11. fell in love with 12. instead of 13. gave birth to
14. unless 15. Neither 16. Unluckily 17. was
18. that 19. into 20. realized 21. began
22. raised 23. to teach 24. invention 25. reminded

人教版八年级(下) Units 7—8

重难点知识突破

1. getting 2. ourselves 3. protection
4. from/against
5. 体育锻炼可以保护你免受心脏病的伤害。
6. success 7. successful 8. successfully 9. in
10. introduction 11. to 12. into/to
13. 请介绍你自己,然后告诉我们你的工作。
14. is 15. What 16. a
17. 上海的人口比大连的人口更多。
18. realize/achieve 19. come true 20. realize/achieve
21. already 22. already 23. still 24. yet 25. yet
26. still

核心考点综合练

1. haven't seen 2. winning 3. including
4. illness(es) 5. protection 6. least important
7. Millions 8. laughter/laughs 9. southern/south
10. reading 11. to 12. in 13. of 14. of 15. at
16. biggest 17. endangered 18. dying 19. away
20. recycled 21. actually 22. with 23. of
24. to protect 25. introducing

人教版八年级(下) Units 9—10

重难点知识突破

1. out 2. on 3. in 4. over 5. being 6. taking
7. to protect 8. to be 9. to try 10. encouraged
11. encouragement 12. me 13. discovery
14. inventions 15. create 16. discover 17. invented
18. been 19. gone 20. in
21. 谁之前去过英格兰,约翰还是他的哥哥/弟弟?
22. His computer has been in use for three years, but it
is as good as new.
23. whether 24. whether 25. whether/if

核心考点综合练

1. inventions 2. have been 3. thousand; thousands
4. playing 5. to think 6. unbelievable 7. especially
8. to check 9. truthful 10. itself 11. to part with
12. counting 13. centuries 14. hasn't come back
15. have searched 16. Although/Though 17. as
18. becoming 19. developed 20. in 21. owned
22. other 23. thousands 24. has 25. visiting

人教版九年级(全) Units 1—2

重难点知识突破

1. by 2. by 3. By
4. 现在越来越多在长沙的人乘坐地铁上班。
5. Let's start/begin this lesson/class by singing a song.
6. them 7. up
8. 仰望天空,你会看到繁星点点。
9. Zhong Nanshan is looked up to by Chinese people.
10. crossing 11. to do 12. of/about
13. 我们的父母经常提醒我们要注意防火。

核心考点综合练

1. on 2. How 3. connection 4. pronunciation
5. connection 6. impatient 7. stole 8. warmth
9. (more) wisely 10. lay
11. We learn/study English by watching English
programs/programmes.
12. 你爬得越高,就会看得越远。
13. 我不知道她是否适合这项工作。
14. She is always afraid of making mistakes in
grammar.
15. 你服药时应该注意阅读说明。
16. a 17. teach 18. found 19. her 20. result
21. instructions 22. more 23. carefully 24. as
25. if/when

人教版九年级(全) Units 3—4

重难点知识突破

1. dealt 2. how 3. what 4. with

5. 处理生活中的问题很难。 6. proud 7. in 8. of
9. 当他们谈及在过去 70 年里所取得的巨大成就时，你能看到他们脸上的自豪。

核心考点综合练

1. correcting 2. proudly 3. humorous 4. suggestions
5. speaker 6. a 7. directly 8. shyness
9. introduction 10. opening
11. She used to be late for school.
12. 我每天有大量的工作要做。
13. 每次我回来，我的父亲总是亲自到机场接我。
14. Bill hates/dislikes giving/making/delivering a speech in public. /Bill hates to give/make/deliver a speech in public.
15. 我想知道购物中心是否有一家书店。
16. for 17. successful 18. to deal 19. correctly
20. happiness 21. themselves 22. choose
23. Secondly 24. suggestions 25. Though/Although

人教版九年级(全) Units 5—6

重难知识点突破

1. Without/No 2. that
3. 毫无疑问我们做了正确的事情。
4. I doubt whether/if he will come to/attend my birthday party.
5. making 6. avoided
7. We should/are supposed to do something to avoid food waste.
8. am/was 9. enjoys/enjoyed 10. also
11. 他不仅读过这本书，还写了一篇关于它的书评。
12. Not only my mother but also my father is a teacher.
13. for 14. as 15. to
16. 长城闻名全世界。/长城对于世界各地的人们而言都是著名的。
17. The/This city is known/famous for its long history.
18. into 19. from 20. separate 21. divide
22. separate

核心考点综合练

1. suddenly 2. remained 3. heroes 4. daily
5. mentioned 6. meeting 7. by 8. leaves
9. musical 10. sudden 11. pleasure 12. lowest
13. translation 14. widely 15. produce
16. Great changes will take place in my hometown in three years.
17. 据报道，目前灾区正在建造许多新房。
18. 玛丽觉得在短时间内完成这张剪纸是不可能的。
19. These windows are made of wood.
20. 在这些足球运动员中，毫无疑问，鲍勃是最出色

的一个。

21. when/whenever 22. a 23. to stop
24. (was) saved 25. longer

人教版九年级(全) Units 7—8

重难知识点突破

1. missing 2. to inform 3. regretting
4. I regret that I didn't study/work hard when I was young. /I regret not studying/working hard when I was young.
5. to exercise 6. managers 7. management
8. We should/are supposed to manage to get to/arrive at/reach the airport in time.
9. in 10. join in 11. attend 12. joined
13. The old man joined the army in 1920.

核心考点综合练

1. valuable 2. regretted 3. safety 4. choice
5. wolves 6. to finish 7. after 8. in 9. noisy
10. manager(s) 11. education 12. expression
13. sleepy 14. from 15. medical 16. lovely
17. after 18. works 19. her 20. an 21. but
22. matches 23. faster 24. won 25. eighth

人教版九年级(全) Units 9—10

重难知识点突破

1. sending; writing 2. go 3. to 4. than
5. 我们更喜欢通过卖花来筹钱。
6. supposed 7. to
8. 他认为自己乘高铁会更早到达上海。
9. visiting 10. worth 11. really 12. of

核心考点综合练

1. watching 2. to stick 3. to get; not to be 4. living
5. to play 6. more/less intelligent 7. exchanged
8. painful 9. gradually 10. collecting
11. except/but 12. by/into/in/round 13. that/who
14. who/whom/that 15. whose 16. used 17. easier
18. enjoys 19. have studied 20. With 21. to try
22. about 23. changing 24. will learn 25. However

人教版九年级(全) Units 11—12

重难知识点突破

1. peaceful 2. to prevent 3. cry 4. heard
5. 她使她的公司获得了成功。
6. had left 7. got 8. alive 9. living 10. live
11. lively 12. live
13. 趁父母还健在的时候，我们应该学着关心他们。

14. Now Annie is lively and enjoys/likes making friends.

核心考点综合练

1. wash 2. nod 3. had set 4. stay 5. happiness
6. believable 7. burning 8. unexpected
9. discovery 10. canceling/cancelling 11. in/with
12. out 13. The 14. nor 15. about 16. flying
17. an 18. second 19. astronauts 20. taking
21. watched 22. paid 23. carrying 24. of/about
25. to be

人教版九年级(全) Units 13—14

重难点知识突破

1. harmful 2. harmless 3. to

4. Dropping litter is really bad for our environment.

5. to take 6. can't/cannot 7. them 8. to

9. 父母几乎负担不起给他们的孩子请一位私人教师。

核心考点综合练

1. wooden 2. was pulled/had been pulled
3. creativity 4. manager 5. recycles 6. instructions
7. graduation 8. most caring/careful 9. Littering/To litter
10. scientific 11. up 12. to 13. away/out 14. in
15. for 16. kinds 17. up 18. a 19. alive
20. easily 21. (been) changed 22. If/When/After
23. happening 24. kept 25. know

第三部分 高分范文必备

话题一 家庭、朋友与周围的人

Love Around Me

There is lots of love around me in my everyday life. Every day I can receive love from my parents, my teachers, my classmates and my friends. In the morning, my lovely mother cooks delicious food for me. Then my father drives me to school. At school, all the teachers not only look after me well but also teach me lots of useful knowledge. My dear classmates and I study together happily and get on well with each other. I chat online with friends in my spare time. They often share pleasure and troubles with me. I often feel happy and excited when I get love from them. I make a decision to study hard and make great progress. Here, I want to say thanks to them.

话题二 日常活动与购物

I often help my parents do chores at home like doing the dishes and taking out the rubbish. I like doing housework because I think it is easy and interesting. It can also make my parents relaxed. I think students should help out with chores at home. It is an important life skill for them. Doing chores helps to develop children's independence and teaches them how to look after themselves. Besides, doing housework can also make students know the meaning of fairness.

Let's take action and share the housework.

话题三 学校与学校生活

We grow up in changes. Growth makes our life full of meaning. Looking back on the three years of junior high school, I have experienced many changes in my study, thoughts, character, life and so on.

The biggest personal change I've ever made is that I have fallen in love with reading.

When I was a child, I didn't enjoy books at all. Later, my mother always read stories for me and bought me books. Gradually I began to love reading. While reading, I feel like talking with a wise man. Reading is also a fantastic way to enjoy my free time.

Books are my friends. And they will benefit me a lot.

话题四 情感与人际交往

How to keep a good relationship with parents

In my opinion, I have too many rules at home. My parents never allow me to go out with my friends at night. They don't allow me to choose my own clothes, either. And they pay too much attention to my exam results. I think my parents don't quite understand me.

However, I try my best to understand them. Although they give me too much pressure, I know that it is because they really love me and want me to have a bright future.

In order to keep a good relationship with my parents, I study hard, listen to them, talk to them as

friends, tell them my troubles, and help them do more housework.

话题五 计划与安排、节假日活动

Dear friends,

I'm glad to know that you are interested in traditional Chinese culture. It's my honor to introduce traditional Chinese festivals to you.

The Spring Festival is the most important festival in China. It is usually in January or February. Dumplings are the most traditional food. Children like this festival very much because they can eat delicious food and wear new clothes. They can also get lucky money from their parents.

Another festival I want to introduce is the Mid-Autumn Festival. It is celebrated on the fifteenth day of the eighth month of the Chinese lunar calendar. On that day, people usually go home and get together to have a big dinner. The most popular food is mooncakes. After dinner, we usually enjoy the round moon.

There are many meaningful traditional festivals in China. I hope you will love them.

话题六 饮食、卫生与健康、安全与救护

Living a Healthy Life

Hello, everyone. I'm Li Hua. It's nice to give a speech about living a healthy life.

A healthy life is very important for us. Firstly, we need to develop good eating habits. We'd better eat more vegetables and fruit. We should not eat too much meat, sugar or junk food. What's more, it's important for us to have enough sleep. As teenagers, we need to have an eight-hour sleep every night. Or we will feel tired the next day. In addition, we are supposed to take exercise for an hour every day. Finally, developing healthy routines is also of great importance. We must wash our hands so that we can prevent some diseases from spreading. In a word, the healthier life we live, the happier we will feel.

That's all. Thank you!

话题七 语言学习

Learn English, Tell China's Stories

With the rapid development of China, Chinese culture has increasingly influenced the world. It's everyone's duty to let the world know more about

China. Telling China's stories well in English is one of the best ways to achieve this goal.

To learn English well, I will communicate more with my foreign friends online, which will be of great help. In addition, I will take part in or help organize school activities about telling China's stories, which can be posted on the Internet to call on more people to take action.

As teenagers, we should practice English more to tell China's stories well and try our best to make our country stronger.

话题八 文娱与体育

The Importance of Physical Exercise

Everyone hopes to live happily in the world. Physical exercise is indispensable to a happy life. My favorite sport is basketball, as it is very exciting. I play basketball three times a week.

There is a famous saying, "Life lies in physical exercise." On the one hand, doing exercise helps us keep a healthy lifestyle. A person who takes exercise regularly will keep fit. What's more, exercise can make us well-behaved and confident. On the other hand, it's very important for us to learn how to cooperate with each other. Doing exercise can help us develop our sense of teamwork, which is important for our career.

In my opinion, exercise can make our life more colorful. It can also help us live longer and more healthily.

话题九 天气、旅游与交通

To Be a Good Traveler

The summer holiday is coming. Many people have already started planning their travel. Why not choose a green travel?

Wherever we go, use environmentally friendly ways of transportation as much as possible, such as walking and riding a bicycle. Don't throw litter everywhere so that we can protect the water and the environment. We can also do voluntary work, like serving others warm-heartedly during the trip. Before leaving, buying some local products is a good way to promote the development of local tourism.

Let's be a good traveler with awareness of environmental protection and social responsibility.